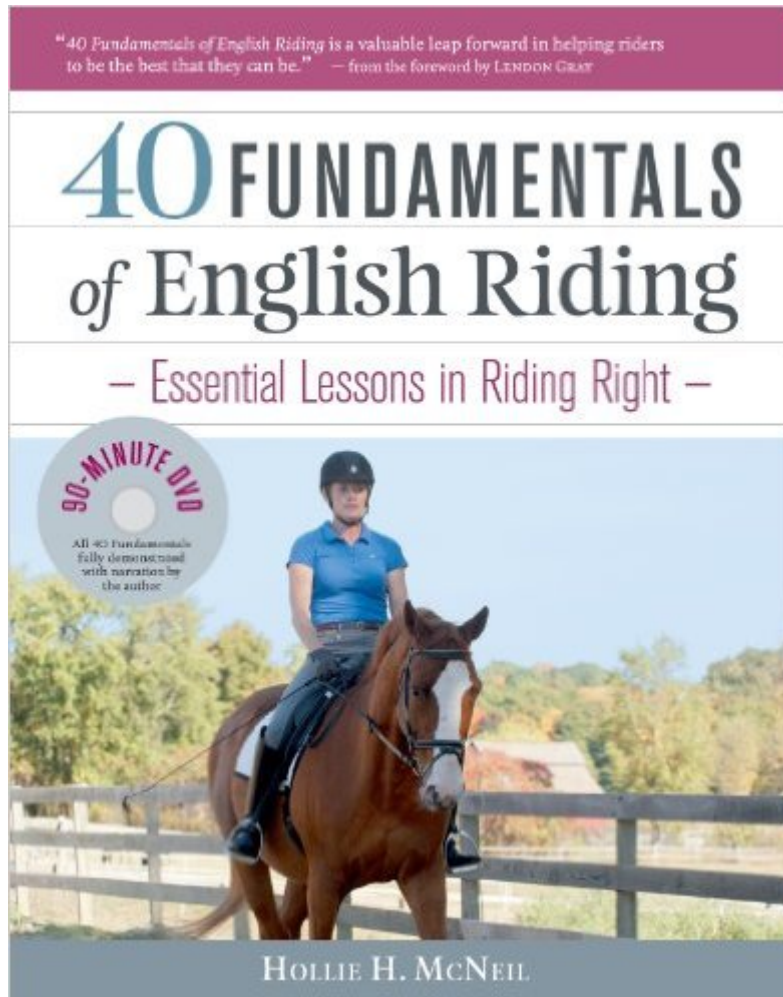


The book was found

# 40 Fundamentals Of English Riding: Essential Lessons In Riding Right (Book & DVD)



## Synopsis

Learn correct seat, leg, and hand positions; the three basic gaits of walk, trot, and canter; how to perform halt and half-halt; how to direct a horse's movement correctly and energetically; and much more. Each fundamental is defined and explained, with plenty of tips on proper technique and an emphasis on how to avoid common errors. The book comes with a 90-minute DVD showing action sequences for each fundamental.

## Book Information

Hardcover: 192 pages

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Product Dimensions: 8.9 x 0.8 x 11.2 inches

Shipping Weight: 2.2 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars See all reviews (54 customer reviews)

Best Sellers Rank: #201,623 in Books (See Top 100 in Books) #183 in Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses > Riding #188 in Books > Sports & Outdoors > Individual Sports > Horses > Equestrian #271 in Books > Science & Math > Agricultural Sciences > Animal Husbandry

## Customer Reviews

I just started riding again after many years. Back when I was a child, I only rode English-style. I started back about a year and a half ago, and went from one riding lesson a week, to leasing a horse, to getting a horse of my own! The barn where I ride and board my horse is full of experienced people, but they mostly ride Western, and I prefer English. I didn't get to see people riding English very often, but that all changed after I got this book! The book itself is great, but the DVD is AMAZING. It have learned so much from it! I really did not understand what a sitting trot was supposed to look like until I watched this video. It covers every aspect of riding, from the beginning stages to the more advanced. I have also improved in my posture, my form, and my "equitation". I still take lessons occasionally, and my instructor is always commenting on how well I'm doing, and how great my horse and I look together. I really feel this DVD is part of the reason! I have it in the disc slot in my computer at all times, and often during my lunch break I'll just play it and watch some of the sections. I learn something every time I watch it. It's really well-organised,too. You can click

on whatever part of riding you want to focus on (like "the sitting trot") and it will go right to that part of the video. Buy this book! You won't regret it!

I highly recommend 40 Fundamental of English Riding to students of all riding levels. This book is comprehensive in its coverage and gets to the root of important topics from the rider position and aids to the training scale. The text is clearly written and contains content on both the how and why of classical riding. Johnson & Wales University's Center for Equine Studies has chosen this book as a text for our equine majors. The book is beautifully laid out and contains numerous quality images and a DVD that compliments the text for the visual learner. Beth Beukema  
Department Chairperson

I debated for quite some time as to whether I really needed this book. I have been riding and training English (hunters/ eventers / and dressage) for the better part of 20 years. I finally went ahead and ordered it because I thought at the very least I would probably be lending it out to my students. What a nice surprise! I have thoroughly enjoyed reading this book. It is insightful enough to be an excellent refresher course for those of us who have ridden all our lives and yet presented in such a way that even my junior riders keep borrowing it. The DVD is quite good. The segments are long enough to get the point across without being overbearingly technical - in essence watch and learn. The musical interludes are not annoying and the riders demonstrating the techniques are the same riders that are pictured in the full color photos throughout the book. As a bonus the DVD is subtitled so those of us who are a hard of hearing can also enjoy what is being said. The only drawback with the DVD is that the subtitles are a bit small. So if your eyesight isn't what it should be make sure you are close enough to the TV to read what is written. I am very glad I purchased this book. It will be getting a lot of use.

The "40 Fundamentals of English Riding" is the most inspiring book I've ever read on riding. You will want to get into the saddle after reading this book and work on some of the "40 fundamentals." Whether you are a beginner or an experienced rider this book has a lot to offer. It is full of outstanding photos and the 90 DVD is substantial and beautifully done. The writing is clear, easy to understand and interesting. Ms. McNeil is a gifted teacher and you will learn a lot about correct riding and the difference it will make in your horse. You will be motivated to ride better even if you're not into showing. If you think you already know the fundamentals of riding this book and DVD set will teach you how much more there is to correct riding than even most instructors know. I highly recommend this book for riders in any discipline. It is absolutely fabulous and a book you can't do

without!

My wife, as a first-year student of English riding at mid-life, found some helpful tips and other info that confirmed or clarified what her instructor had been trying to convey. She recommends it to other new riders.

I love this book and recommend it to all my friends that ride - it's great for any level. While it is covering the "fundamentals", the thought and analysis around each lesson is unique and exciting. The included DVD has shots from unique angles that illustrate the points made in the book.

This Video is exceptional and the book is meant to reinforce the visuals. Definitely professionally done and inspired. I am glad to have purchased it, but I must say that it focuses on more technique than equine relationships. However, the horses are as exceptional as the video itself. Amazingly well done.

Covered all the basics, in a clear, easy to follow and understand, format. The video is an added bonus to make the book easier to comprehend. Great for the new horse I'm training, love the HOW TO FIX for each topic!

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